



### HSE Newsletter Contents:

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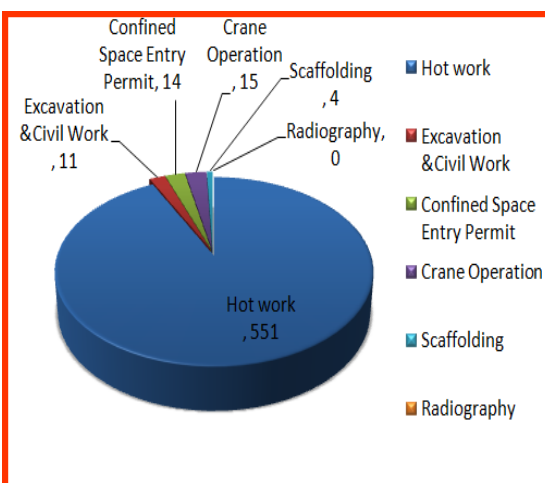
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Question or concerns regarding this news letter may be directed to:

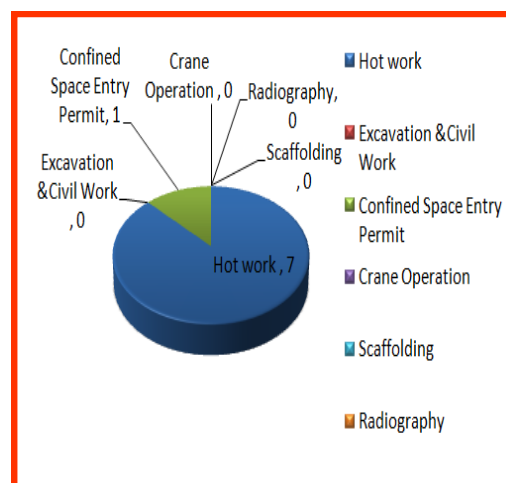
**Manager HSE**  
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Email: [mgrhse@nrlpak.com](mailto:mgrhse@nrlpak.com)

### Permit to Work System at NRL Korangi & K.T

Permit is regarded as a written agreement between the person authorizing the work and the person receiving the permit to work. Following Permit to Work were issued in the Month of **Oct 2019** at Korangi & K.T.



Korangi Refinery



Keamari Terminal

### Safe Man Hours

NRL Safety Board is updated by second week of every month. Safety Board shows the number of Safe Man-hours worked by NRL MPT and Non MPT Staff. By the Grace of Al Mighty Allah and joint efforts by all of us, we have achieved **32.475833 millions** safe man-hours with out Lost Time Injury as on **31st Oct 2019**. Let us all give top priority towards safety, as there is no job, which cannot be done in a safer way.

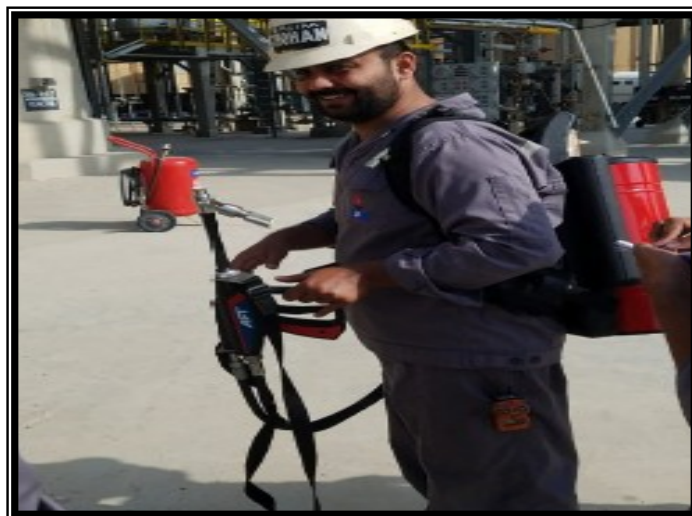
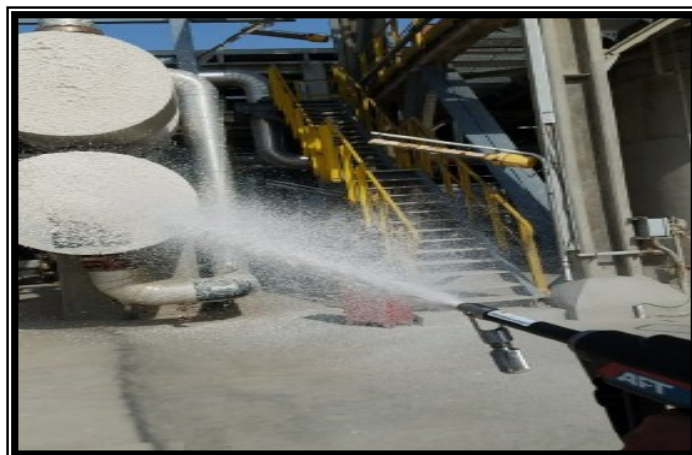
**32.47 Million Safe man hours till 31st Oct 2019**



## Training conducted On Importance Of PPE's by HSE Department at HRDC



## Compressed Air Foam System (CAFS) Drills conducted by Fire protection department



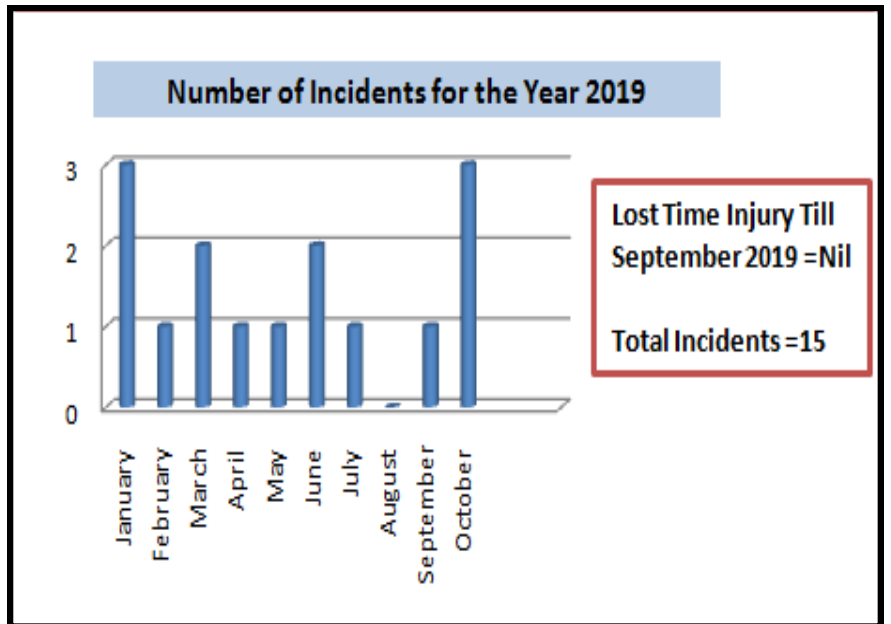


# OUR AIM: **NO** ACCIDENTS



## INCIDENT / ILL HEALTH AND LOSS TIME INJURY

<b>Incident</b>	An incident is an unplanned, undesired event that adversely affects completion of a task.
<b>Near miss</b>	A near miss describes incident where no property was damaged and no personal injury sustained, but when given a slight shift in time or position, damage and / or injury easily could have occurred
<b>Accident</b>	An accident is an undesired event that results in personal injury, property damage and equipment damage.
<b>Loss Time injury (LTI)</b>	If any NRL employee on duty had on the job accident, which render the employee medically unfit to resume of his duty next 24 hours is considered to be lost time injury (LTI).



## INTERNAL / EXTERNAL MONITORING CONDUCTED BY HSE DEPARTEMENT



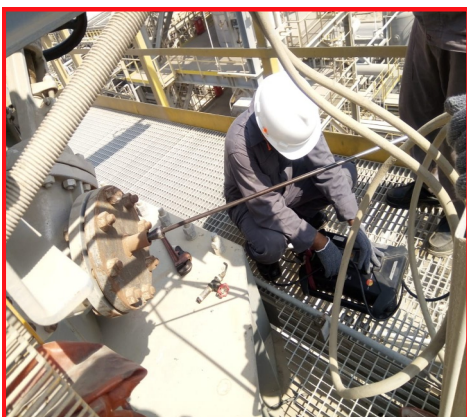
**Ambient Air Monitoring**



**Drinking Water Sampling**



**Vehicle Emission Monitoring**



**Stack Emission Testing**



**Noise Monitoring in Plant**



**NRL In-house / Internal Monitoring**

## Safety Article: Handling And Storing Compressed Gas Cylinders

### Compressed Gas Cylinders

Compressed gas cylinders contain varying pressures of inert, toxic, flammable, oxidizing, corrosive, or combinations of gases. Care in using, handling, and storing compressed gas cylinders is required due to the high potential for severe incident.

#### Storing:

When storing compressed cylinders following precautions needs to be taken:

- ◆ Secure cylinders upright with a chain or strap in a proper cylinder cart.
- ◆ Store cylinders at least 20 feet from combustible materials in a dry, ventilated place.
- ◆ Keep oxygen cylinders at least 20 feet from fuel gas cylinders.
- ◆ Ensure valves are completely closed devices are secured.
- ◆ Avoid storing cylinders in lockers – a leak could result in a dangerous gas buildup.
- ◆ Use proper warning signs in areas where cylinders are stored.
- ◆ Keep cylinders in a location free from vehicle traffic, excessive heat and electrical circuits.
- ◆ Keep empty cylinders away from full ones.
- ◆ Proper marked the cylinders and MSDS of the material stored in the cylinder must present.

#### Moving:

The majority of incidents and injuries involving gas cylinders occur during handling or transportation. To help prevent incidents when moving cylinders the following tips must be followed:

- ◆ Handle cylinders with care and avoid dropping or hitting them against anything.
- ◆ Follow proper procedures and use the right equipment, including safety glasses, heavy-duty gloves and protective footwear.
- ◆ Ensure safety measures, such as caps or guards, are securely installed.
- ◆ Use a cart or hand truck instead of dragging or rolling cylinders.
- ◆ Use proper cradles, nets or platforms if using a crane.
- ◆ Avoid lifting cylinders by their caps or guards or with magnets or slings, which can damage the valves.

Safety & Loss Prevention

### Compressed Gas Cylinder Safety, cont'd.

■ Why must acetylene and oxygen cylinders be stored separately?

- Acetylene is highly flammable (a fuel)
- Oxygen greatly supports combustion
- If both leak, and they are stored together, mixing of two gases combined with external heat, can result in fire / explosion (fire triangle principle)

20 ft.  
6.0 m  
Minimum distance w/o isolation barrier

